# **First Last**

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### PASTORAL COUNSELING SKILLS PROIFLE

- Biblical centered counseling & spiritual care
- Crisis response monitoring for 25,000+ individuals
- Certified & experienced SYMBIS Facilitator
- Minister through over 500 hrs. of volunteer service
- Build rapport by establishing a safe place for growth
- Diverse cultural immersion in 6 countries
- Inclusively lead diverse teams & delegate tasks
- Monitor the emotional/social development of clients

#### **EDUCATION**

MA in Pastoral Counseling: Life Coaching, Liberty University, Lynchburg, VA

May 2022

- **Honors:** High Distinction; 4.0 GPA
- Relevant Coursework: Leadership Professional Life Coaching; Crisis Intervention in Pastoral Counseling

BS in Psychology: Christian Counseling, Liberty University, Lynchburg, VA

December 2018

- Minor: Youth Ministry
- **Honors:** Summa Cum Laude; 4.0 GPA
- Relevant Coursework: Psychology & Christianity; Global Youth Culture; Strategies for Student Outreach

#### **COUNSELING EXPERIENCE**

Pastoral Counselor Intern, Waymaker Church, Lynchburg, VA

January 2022 – May 2022

- Gained 225+ hrs. of supervised counseling experience by integrating ministry & counseling techniques when serving clients
- Built rapport with 16+ clients weekly by establishing a safe space for growth through open communication & attending skills
- Utilized biblical, ethical & targeted interventions to counsel clients on how to explore their thoughts, emotions, & behaviors

Lead Camp Counselor, Thomas Road Outpost Camp, Lynchburg, VA

May 2021 - August 2021

- Ministered to 400+ campers & volunteer counselors each week by leading prayer sessions to encourage spiritual growth
- Delegated counselor responsibilities to ensure each volunteer had strength appropriate tasks & goals when leading campers
- Developed a Christian community by building rapport to better point campers towards a committed relationship with Christ

#### MINISTRY EXPERIENCE

Missionary, Waymaker Church, Uganda & India

Summer 2014 & Summer 2015

- Traveled to Uganda & India to serve families in sever poverty through crisis intervention, spiritual guidance & counseling
- Build rapport through diverse cultural immersions by actively listening to individual stories & learning from the locals

Volunteer Marriage Mentor/Coach, Waymaker Church, Forest, VA

September 2001 – Present

- Mentor/coach diverse clients by modeling appropriate behaviors & teaching techniques on how to have a biblical marriage
- Facilitated SYMBIS assessments for 30+ couples by interpreting the assessment results & teaching communication strategies

## ADDITONAL EXPERIENCE

Home School Teacher, Last Name Family, Lynchburg, VA

January 1981 – Month 2014

- Counseled 5 children though emotional & social development by encouraging positive self-concepts & academic growth
- Emphasized the importance of spirituality & education by teaching concepts & strategies that promote independent learning

Master-at-Arms: LE Command, U.S. Navy, Maryland, Philippines, Japan, & Bahrain

January 1977 – January 1981

- Monitored 25,000+ diverse individuals on base by observing behavior patterns & responding quickly to crisis situations
- Established a safe environment when mediating domestics by accurately gathering/documenting confidential information

## **COMMUNITY SERVICE**

Serving over 500 hours for the following organizations:

- Habitat for Humanity, Lynchburg, VA
- Samaritan's Purse: Operation Christmas Child, Lynchburg, VA

February 2015 - Present

November 2014 – Present

Liberty University Career Services Sample Resume for Pastoral Counseling