

First Last

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PROFESSIONAL SKILLS PROFILE

- Advocate for diverse children & families (325+ hrs.)
- Basic medical play & procedural support knowledge
- Ability to build intentional relationships with kids
- Inpatient & outpatient observation experience
- Nurture safe spaces for growth & family healing
- Unconditional positive regard & active listening
- Exposure to health disparities & child life roles
- Demonstrate flexibility & time management

EDUCATION

BS in Psychology: Child Life Specialist, Liberty University, Lynchburg, VA

Anticipated May 2024

- **Minor:** Family & Child Development
- **Honors:** *Psi Chi* Honor Society, Dean's List
- **Relevant Coursework:** Children in HealthCare; Therapy & Theory of Play in Early Child; Strategies for End of Life Care; Psychology of Childhood; Psychology of Adolescents; Multicultural Counseling & Research Issues; Marriage & Family; Abnormal Psychology; Behavioral Modification; Families Under Stress; Administration of Family & Child Life Programs

CHILD LIFE EXPERIENCE

Child Life Practicum Student, Atrium Health: Levine Children's Hospital, Charlotte, NC

May 2023 – August 2023

- Completed 100 hrs. of field experience by observing group/individual play & learning medical terms from a Certified Child Specialist
- Developed an enhanced understanding of medical play, psychological preparation & procedural support to support diverse families
- Recognized children's/adolescent's reactions to stress, illness, & pain during play sessions by building intentional relationships
- Self-evaluated performance levels by discussing family-centered care & knowledge of Child Life techniques with the supervisor

Child Life Volunteer, Children's Hospital of the Kings Daughters (CHKD), Norfolk, VA

May 2022 – August 2022

- Volunteered 100 hrs. on the inpatient & outpatient units by assisting in play areas & bedsides to encourage children/families
- Nurtured children by creating a safe space for healing to help children & families find comfort through fostering hope
- Maintained open body posture & stayed on the children's level when engaging in play to help normalize the environment

WITHIN HEALTHCARE

Intern, Centra (Acute Child & Adolescent Psychiatric Unit), Lynchburg, VA

August 2023 – Present

- Gained 125 hrs. by participating in clinical rotations & documenting learned information to grow academically & professionally
- Connected with patients through play to build rapport by applying classroom knowledge to a real-life clinical setting
- Read stories & facilitated activities to help children & families find comfort by promoting autonomy, socialization, & healing

OUTSIDE OF HEALTHCARE

Volunteer, Blue Ridge Autism & Achievement Center, Forest, VA

August 2022 – May 2023

- Earned 60+hrs. by advocating for students with autism & learning disabilities to promote their individual growth/development
- Exhibited unconditional positive regard for each child/adolescent by fostering a curiosity & love of learning
- Actively listened to supervisors & learned how to remain flexible while managing time effectively & efficiently

Nanny/Childcare Provider, Private Residences, Charlotte, NC

June 2018 – July 2020

- Established a safe & nurturing environment for 4 children to learn through play & sensory development opportunities
- Modeled appropriate behaviors & encouraged each child to build social skills by participating in group activities
- Openly communicated with parents to cultivate healthy relationships & boundaries to ensure the safety & wellbeing of the kids

PROFESSIONAL AFFILIATIONS & CERTIFICATIONS

Association of Child Life Professionals (ACLP), Student Member

September 2021

American Heart Association's Heartsaver First Aid CPR AED

July 2022

Liberty University Career Services

Sample Resume for Child Life Specialist